

## KEEPING YOU SAFE & INFORMED

### COVID-19 Pandemic Mask Donning and Doffing

#### Putting on a mask

Wash your hands, check the mask for any defects.

Place the mask on your face with the colored side facing out, if equipped, bendable edge at the top by your nose.

If the mask has ear loops, put one loop around each ear. If the mask has ties, pick up the mask by the ties and tie the upper ties behind your head with a bow.

Once the mask is in place, use your index finger and thumb to pinch the top edge of the mask around the bridge of your nose.

If the mask has a lower tie, then once the mask is fitted to the bridge of your nose, tie the lower ties behind your head with a bow.

Make sure the mask is completely secure. Make sure it covers your nose and mouth so that the bottom edge is under your chin.

Wash your hands.



#### Removing Single Strap Mask

Before removal of mask, remove gloves and/or wash hands.

*Front of mask could be contaminated — DO NOT TOUCH!*

*If your hands get contaminated during mask removal, immediately wash your hands or use an alcohol-based hand sanitizer.*

Grasp bottom of tie or elastics of the mask behind/below ear.

Pull out from ear then forward away from face, removing mask without touching the front of mask.

Store mask or discard mask in a lined waste container.

Immediately wash your hands or use an alcohol-based hand sanitizer.



Surgical Mask

#### Removing Double Strap Mask

Before removal of mask, remove gloves, and/or wash hands.

*Front of mask could be contaminated — DO NOT TOUCH!*

*If your hands get contaminated during mask removal, immediately wash your hands or use an alcohol-based hand sanitizer.*

Face Mask with Ear loops: Hold both ear loops and gently lift and remove the mask.

Face Mask with Ties: Untie the bottom bow first, then untie the top bow and pull the mask away from you as the ties are loosened.

Store mask or discard mask in a lined waste container.

Immediately wash your hands or use an alcohol-based hand sanitizer.



Cloth Mask